

Gear and Supplies

Twins "Needed" Lists for the First Year +



Babies in Belly

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for families expecting twins, triplets, or more

Items have been categorised into the following: *Nursery, layette, mealtime/nursing, health/bath-time, stroller/car, safety, general and other.* Within each category, items are sorted into "recommended" and "optional", and arranged according to urgency of need: Immediate, three months and six months or later. Items are

generally listed least to most expensive. (Remember, many of the "larger ticket items" are easily found used online or at twins sales.) Please note, these items are based on personal and anecdotal experience only, and lists may vary for individual families.

NURSERY		
<i>urgency</i>	<i>recommended</i>	<i>optional</i>
immediate	<input type="checkbox"/> Pacifiers (if you plan to use them) <input type="checkbox"/> Cotton crib sheets (4) <input type="checkbox"/> change pads <input type="checkbox"/> change pad covers (4) <input type="checkbox"/> waterproof crib mattress covers <input type="checkbox"/> blankets <input type="checkbox"/> extra small nap bags (3) <input type="checkbox"/> 2 diaper pails (one for nursery, one for elsewhere in home) <input type="checkbox"/> refill bags for above <input type="checkbox"/> crib mattresses (2) <input type="checkbox"/> cribs (2) <input type="checkbox"/> chest of drawers and/or change table	<input type="checkbox"/> waste basket <input type="checkbox"/> bumper pads <input type="checkbox"/> baskets <input type="checkbox"/> clothes hamper <input type="checkbox"/> bed (crib) skirts <input type="checkbox"/> wall decorations <input type="checkbox"/> change pad (for top of drawers) <input type="checkbox"/> bassinets <input type="checkbox"/> baby monitor <input type="checkbox"/> bookshelf <input type="checkbox"/> rocker/glider & ottoman
3 months +	<input type="checkbox"/> crib mobile (2) <input type="checkbox"/> small nap bags (3)	<input type="checkbox"/> crib mirrors (2) <input type="checkbox"/> crib toys
6 mos +	<input type="checkbox"/> medium nap bags (3)	<input type="checkbox"/> toddler beds (some people skip right to "big kid" beds)

LAYETTE

<i>urgency</i>	<i>recommended</i>	<i>optional</i>
immediate	<input type="checkbox"/> receiving blankets (20) <input type="checkbox"/> diapers, newborn (400) <input type="checkbox"/> diapers, size 1 (600) <input type="checkbox"/> diaper wipes (1000) <input type="checkbox"/> onesies/undershirts newborn (8) <input type="checkbox"/> footed sleepers newborn (8)	<input type="checkbox"/> "nicer" outfits <input type="checkbox"/> socks <input type="checkbox"/> shoes (0-6 mos Robeez are nice) <input type="checkbox"/> hats (they will give you some in the hospital) <input type="checkbox"/> scratch mitts
3 months +	<input type="checkbox"/> diapers, size 2 (600) <input type="checkbox"/> diapers, size 3 (600) <input type="checkbox"/> diaper wipes (1000) <input type="checkbox"/> onesies/undershirts, 3 mos + (6) <input type="checkbox"/> footed sleepers (6) <input type="checkbox"/> t-shirts or other shirts, 3 mos (4) <input type="checkbox"/> shorts or pants (4) <input type="checkbox"/> dresses (4) <input type="checkbox"/> socks—several pairs (they get lost!)	<input type="checkbox"/> Sun or winter hats (3-4, as one will get lost)
6 mos +	<input type="checkbox"/> diapers, size 4 (2500) <input type="checkbox"/> diaper wipes (1000+) <input type="checkbox"/> long-sleeve (6 mos, 9 mos) <input type="checkbox"/> pants (6 mos, 9 mos) <input type="checkbox"/> sleepers (6 mos, 9 mos) <input type="checkbox"/> socks <input type="checkbox"/> shoes (2 pairs)	<input type="checkbox"/> bigger sun or winter hats (3-4, as one will get lost) <input type="checkbox"/> extra shoes (6-12 mos Robeez are nice)

MEALTIME/NURSING		
<i>urgency</i>	<i>recommended</i>	<i>Optional (i.e. depending on breast-feeding/formula)</i>
immediate	<input type="checkbox"/> Services of a Lactation Consultant <input type="checkbox"/> 4-oz bottles + nipples (16-20, so you can make a day's worth at a time if bottle feeding) <input type="checkbox"/> bibs (16-20) <input type="checkbox"/> receiving blankets (16-20) <input type="checkbox"/> "Two at a Time" nursing pillow (can be used as a baby "prop" if not breastfeeding)	<input type="checkbox"/> Hospital grade double electric breast pump (rent or buy) <input type="checkbox"/> Nursing pads <input type="checkbox"/> Nursing or sports bras <input type="checkbox"/> Bottle brush <input type="checkbox"/> Large tub for washing bottles <input type="checkbox"/> Bottle warmer (we never used this) <input type="checkbox"/> Small cooler <input type="checkbox"/> Bottle sterilizer <input type="checkbox"/> Formula-lots!
3 months +	<input type="checkbox"/> 8-oz bottles (8-12) <input type="checkbox"/> size 2 nipples (8-12) <input type="checkbox"/> size 3 nipples (8-12)	
6 mos +	<input type="checkbox"/> replacement nipples for bottles <input type="checkbox"/> rice cereals and others <input type="checkbox"/> feeding spoons (at least 20) <input type="checkbox"/> microwave safe bowls <input type="checkbox"/> high chairs or booster seats (2)	<input type="checkbox"/> sippy cups (4-6)

SAFETY		
<i>urgency</i>	<i>recommended</i>	<i>optional</i>
immediate	<input type="checkbox"/> outlet covers (for all outlets)	
3 months +	<input type="checkbox"/> cord windups	
6 mos +	<input type="checkbox"/> safety gate/rails <input type="checkbox"/> drawer latches & cabinet locks	<input type="checkbox"/> toilet lock <input type="checkbox"/> oven handle covers

HEALTH/BATH-TIME		
<i>urgency</i>	<i>recommended</i>	<i>optional</i>
immediate	<input type="checkbox"/> infants nail clippers (2-3, so you can always find a pair easily) <input type="checkbox"/> washcloths (20) <input type="checkbox"/> bath soap (Johnson's, Aveeno or other mild formula) <input type="checkbox"/> sweet almond oil for infant massage <input type="checkbox"/> hooded towels (4) <input type="checkbox"/> bathtub/ "Tummy Tub" <input type="checkbox"/> Tylenol and/or Motrin	<input type="checkbox"/> cotton balls <input type="checkbox"/> diaper ointment/vaseline <input type="checkbox"/> nasal aspirator, nasal drops <input type="checkbox"/> clay powder (to prevent/treat diaper rash) <input type="checkbox"/> relaxing music to play during bath <input type="checkbox"/> ear thermometer
3 months +	<input type="checkbox"/> teething rings <input type="checkbox"/> Aveeno Baby crème for massage <input type="checkbox"/> Pedialyte (good to have on-hand, just in case!)	
6 mos +	<input type="checkbox"/> bath seat to put in tub (baby sits in) <input type="checkbox"/> toothbrushes (4)	

STROLLER/CAR		
<i>urgency</i>	<i>recommended</i>	<i>optional</i>
immediate	<input type="checkbox"/> pacifier clips to hold pacifiers to stroller seatbelts <input type="checkbox"/> window shades for car (2) <input type="checkbox"/> single stroller(s) <input type="checkbox"/> car seats & bases <input type="checkbox"/> double stroller	<input type="checkbox"/> extra car seat bases for second car or grandparents' car <input type="checkbox"/> mirror attachment to see baby from driver's seat <input type="checkbox"/> car seat activity centre <input type="checkbox"/> rain cover & sun shade for stroller
3 months +	<input type="checkbox"/>	<input type="checkbox"/> car seat activity centre
6 mos +	<input type="checkbox"/> books and toys for longer car rides	<input type="checkbox"/> stroller toys

GENERAL/OTHER		
<i>urgency</i>	<i>recommended</i>	<i>optional</i>
immediate	<input type="checkbox"/> links (to rattle, chew on, hang toys from, etc.) <input type="checkbox"/> Batteries (for swings, chairs, etc.) <input type="checkbox"/> rattles <input type="checkbox"/> Photo books <input type="checkbox"/> Cloth books (Busy Bee & Friends) <input type="checkbox"/> Baby Einstein DVDs <input type="checkbox"/> DVD player <input type="checkbox"/> Bouncy chairs <input type="checkbox"/> Baby Bjorn, Baby Trekker or other carriers (1-2) <input type="checkbox"/> Heart-to-Heart slings (1-2) <input type="checkbox"/> Swings (2)	<input type="checkbox"/> Doula and/or night nurse services <input type="checkbox"/> meal delivery service <input type="checkbox"/> playpen <input type="checkbox"/> diaper bag (<i>Petunia Picklebottom</i> makes nice—but pricey—ones; <i>Skip Hop</i> also makes a larger, “twins” size bag)
3 months +	<input type="checkbox"/> Gyminis or other overhead gyms/play mats (1-2)	<input type="checkbox"/> bumbo seat
6 mos +	<input type="checkbox"/> board books (for specifics, see also http://astore.amazon.ca/simonalex-20) <input type="checkbox"/> stacking blocks <input type="checkbox"/> batteries for toys <input type="checkbox"/> "Baby Babble" and "My Baby Can Talk" DVDs <input type="checkbox"/> developmental toys (Lamaze, Manhattan Toy & Fisher Price are all good companies) <input type="checkbox"/> exersaucers (2)	<input type="checkbox"/> toddler beds (some people skip right to "big kid" beds)

